

Domestic Migration Rates for the U.S. and States: 2000
Universe: Population 5 years and over

Area	In different state of residence in the U.S. five years ago							
	In-migrants		Out-migrants		Gross migration ¹		Net migration ²	
	Number	Rate ³	Number	Rate ³	Number	Rate ³	Number	Rate ^{3,4}
States Total ⁵	22,089,460	86.7	22,089,460	86.7	-	-	-	-
Alabama	326,212	80.0	300,389	73.7	626,601	153.7	25,823	6.3
Alaska	95,562	159.9	126,060	210.9	221,622	370.8	-30,498	-51.0
Arizona	796,420	187.2	480,272	112.9	1,276,692	300.1	316,148	74.3
Arkansas	252,100	104.3	209,984	86.9	462,084	191.2	42,116	17.4
California	1,448,964	47.1	2,204,500	71.7	3,653,464	118.8	-755,536	-24.6
Colorado	643,820	173.6	481,187	129.7	1,125,007	303.3	162,633	43.8
Connecticut	260,823	82.9	325,433	103.5	586,256	186.4	-64,610	-20.5
Delaware	101,461	145.4	84,078	120.5	185,539	265.9	17,383	24.9
District of Columbia	113,029	203.8	158,360	285.5	271,389	489.4	-45,331	-81.7
Florida	1,860,772	135.0	1,253,749	91.0	3,114,521	226.0	607,023	44.0
Georgia	965,558	137.7	624,853	89.1	1,590,411	226.9	340,705	48.6
Hawaii	125,160	107.6	201,293	173.0	326,453	280.5	-76,133	-65.4
Idaho	182,929	160.2	149,082	130.5	332,011	290.7	33,847	29.6
Illinois	665,122	57.7	1,007,738	87.4	1,672,860	145.0	-342,616	-29.7
Indiana	451,397	81.2	429,772	77.3	881,169	158.5	21,625	3.9
Iowa	214,841	78.6	247,853	90.7	462,694	169.3	-33,012	-12.1
Kansas	276,786	112.7	284,578	115.8	561,364	228.5	-7,792	-3.2
Kentucky	318,579	86.2	284,452	77.0	603,031	163.2	34,127	9.2
Louisiana	253,520	60.5	329,279	78.6	582,799	139.2	-75,759	-18.1
Maine	107,999	90.8	104,359	87.7	212,358	178.5	3,640	3.1
Maryland	495,152	102.8	514,875	106.9	1,010,027	209.7	-19,723	-4.1
Massachusetts	446,849	77.0	501,557	86.4	948,406	163.4	-54,708	-9.4
Michigan	467,638	50.8	559,568	60.8	1,027,206	111.6	-91,930	-10.0
Minnesota	355,250	79.3	326,081	72.8	681,331	152.2	29,169	6.5
Mississippi	226,788	87.6	199,858	77.2	426,646	164.8	26,930	10.4
Missouri	473,369	92.6	427,316	83.6	900,685	176.2	46,053	9.0
Montana	111,530	131.9	116,696	138.0	228,226	269.9	-5,166	-6.1
Nebraska	154,025	97.4	169,378	107.1	323,403	204.5	-15,353	-9.7
Nevada	466,123	301.8	232,189	150.3	698,312	452.1	233,934	151.5
New Hampshire	162,250	145.4	134,347	120.4	296,597	265.8	27,903	25.0
New Jersey	534,578	69.2	717,407	92.8	1,251,985	162.0	-182,829	-23.7
New Mexico	205,267	122.1	235,212	139.9	440,479	262.0	-29,945	-17.8
New York	726,477	40.6	1,600,725	89.4	2,327,202	130.0	-874,248	-48.8
North Carolina	919,336	131.7	581,453	83.3	1,500,789	215.0	337,883	48.4
North Dakota	60,252	97.0	85,459	137.6	145,711	234.6	-25,207	-40.6
Ohio	588,650	55.6	705,590	66.6	1,294,240	122.1	-116,940	-11.0
Oklahoma	322,500	102.6	305,613	97.2	628,113	199.8	16,887	5.4
Oregon	399,328	131.3	324,663	106.8	723,991	238.1	74,665	24.6
Pennsylvania	668,753	58.0	800,049	69.4	1,468,802	127.5	-131,296	-11.4
Rhode Island	96,980	101.4	93,744	98.0	190,724	199.4	3,236	3.4
South Carolina	442,449	124.4	310,244	87.2	752,693	211.6	132,205	37.2
South Dakota	72,548	102.3	85,016	119.9	157,564	222.2	-12,468	-17.6
Tennessee	567,966	111.5	421,652	82.8	989,618	194.4	146,314	28.7
Texas	1,362,849	74.2	1,214,609	66.1	2,577,458	140.3	148,240	8.1
Utah	242,189	125.2	216,893	112.2	459,082	237.4	25,296	13.1
Vermont	69,748	123.4	67,494	119.4	137,242	242.8	2,254	4.0
Virginia	821,738	129.7	746,008	117.7	1,567,746	247.4	75,730	11.9
Washington	618,395	117.8	543,065	103.4	1,161,460	221.2	75,330	14.3
West Virginia	138,487	81.0	149,241	87.3	287,728	168.3	-10,754	-6.3
Wisconsin	338,108	68.3	330,826	66.8	668,934	135.1	7,282	1.5
Wyoming	72,834	154.9	85,361	181.6	158,195	336.5	-12,527	-26.6

¹ Gross migration is the sum of in-migration and out-migration for an area for a given period.

This measure shows the total amount of movement in and out of an area.

² Net migration is the difference between in-migration and out-migration during a given period.

A positive net migration indicates more people moving into an area than moving out of the area during that period.

³ Rate per 1,000 population

⁴ The net migration rate is based on an approximated 1995 population, which is the sum of people who reported living in the area in both 1995 and 2000, and those who reported living in that area in 1995, but lived elsewhere in 2000. The net migration rate is the 1995-to-2000 net migration, divided by the approximated 1995 population and multiplied by 1000.

⁵ Interstate migration

Source: U.S. Bureau of the Census, Decennial Census

2000 Census: "Domestic Migration Across Regions, Divisions, and States: 1995 to 2000", CENSUR-7

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